

## ACCOMMODATION

FLYNNS BEACH CARAVAN PARK  
22 OCEAN STREET  
PORT MACQUARIE  
PH: 6583 5754

PORT MACQUARIE VISITOR INFORMATION  
CENTRE  
PH: 1300 303 155

ALCOHOLICS  
ANONYMOUS

This is the Fourth Edition of  
the Big Book, the Basic Text  
for Alcoholics Anonymous



A co-founder of Alcoholics Anonymous tells how  
members recover and how the society functions.

TWELVE  
STEPS  
AND  
TWELVE  
TRADITIONS

ALCOHOLICS ANONYMOUS  
WORLD SERVICES, INC.

**“It is a spiritual axiom that every  
time we are disturbed,  
no matter what the cause,  
there is something wrong with  
us.”**

12 Steps & 12 Traditions  
Page 90



**AA CONTACTS:**  
Michael: 0439 460 435  
Tina: 0452 543 077

## AL-ANON FAMILY GROUPS HASTINGS / MACLEAY

SATURDAY 25th May 2019  
NEIGHBOURHOOD CENTRE  
MUSTON STREET  
(OFF OXLEY HWY)

8:30 – 9:30am: Welcome cuppa

**Registration \$10 inc. lunch**

9:30 – 11:am:

ID Meeting  
'Al-Anon – A Way of Life'

11:00 – 11:15am:

Morning Tea

11:15 – 12:45pm:

Spiritual Concept Meeting  
'Faith can move mountains, doubt can  
create them'

11:45 – 12:45pm:

Alateen Meeting

12:45 – 2:00pm: Lunch

2:00 – 3:30pm :

Adult children meeting  
'Alcoholism and the Family Disease'

4:00 – 5:30pm:

AA Open Meeting

With Al-Anon & Alateen participation  
Flynn's Beach Surf club.

**Dinner & Entertainment with AA \$15**



**AI-ANON CONTACT:**  
Dianne: 0400 993 982

54th  
PORT MACQUARIE &  
HASTINGS  
ANNUAL AA RALLY  
24-26th May 2019  
with  
AL-ANON & ALATEEN  
PARTICIPATION



**'Design for Living'**

FLYNNS BEACH SURF  
CLUB  
TUPPENNY ROAD

**A new life has been given us or,  
if you prefer,  
'A design for living' that really  
works.**

Big Book 'There is a solution'  
Pg 28

## Friday 24th May

## Saturday 25th May

## Sunday 26th May

5pm

Registration Begins

Cost: \$25 weekend / \$10 per day

Saturday lunch \$10

Saturday Dinner

with entertainment & open mike

\$15

7:00pm

Opening & Welcome Address

7:30-9pm

Soup Kitchen Meeting

'Works if you work it'

\* Open Public Meeting \*

6:30- 7:30am

On Awakening

8:00 - 9:30am

Came, came to,  
came to believe

10:30-12:00

Young in Spirit

Lunch 12:00 - 2pm

2-3:30pm

Old Timers Meeting

4- 5:30pm

Open meeting with Al-Anon &

Alateen Participation

A new freedom

6:30

Dinner with entertainment

& open mike

6:30 - 7:30am

Daily Reflections

8:00 - 9:30am

Attitude of gratitude

10:30 - 12:00

'Pass it on'

Sobriety Countdown

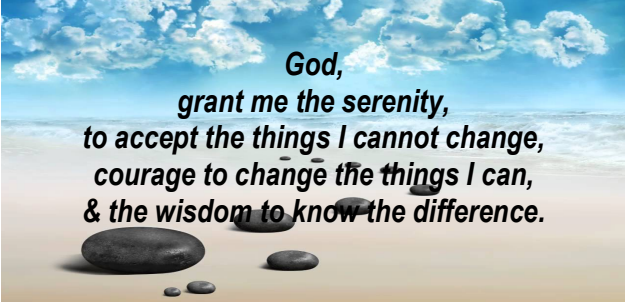
12:30pm

Farewell BBQ Lunch

***An honest regret for harms done, a genuine GRATITUDE for blessings received, & a willingness to try for better things tomorrow, will be the permanent assets we seek.***

12 steps & 12 traditions

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***God,  
grant me the serenity,  
to accept the things I cannot change,  
courage to change the things I can,  
& the wisdom to know the difference.***